



## Salads

{your choice for 6.50 each}

### Seasonal Maple

spring mix, apples, dried cranberries, candied walnuts and bacon with a maple vinaigrette

### Chef

spring mix with ham, turkey, grape tomato, cucumber, egg, croutons and ranch dressing

### Southwest

chicken, crispy tortilla strips, corn, black beans, and pico de gallo

### Strawberry Fields

chicken, strawberries, feta and raspberry vinaigrette

### Caesar

with chicken

### Taco

romaine lettuce, tortilla strips, seasoned beef, cheese, pico de gallo, peppers, and red french dressing

### Greek

chicken, beets, tomato, onion, feta, peppercini, and black olives

### Old Faithful

chicken, bacon, cheddar cheese, tomatoes, cucumbers, egg and ranch dressing

### Garden

shredded carrots, peppers, cucumber, tomato and choice of dressing

## Soups

### Potato Bacon {everyday}

### Soup of the Day | Cup 2.50 Bowl 3.50

- MON - Broccoli Cheddar
- TUE - Garden Vegetable
- WED - Cheesy Chicken Tortilla
- THU - Tomato Bisque
- FRI - Chili

### Mac & Cheese 3.50

### Chili Mac | Side 3.75 Bowl 5.00

## Pick Two 7.25

{includes 20oz soft drink}

### 1/2 Sandwich

### Mac & Cheese

### Cup of Soup

### 1/2 Salad

### Fruit Cup







## Sandwiches

### Pulled Pork 6.50

barbecued pulled pork with crispy onions on a brioche bun

### Italian Steak 6.50

seasoned sirloin, pizza sauce, swiss cheese on a garlic butter french roll

### Spicy Italian 6.50

sourdough bread with salami, ham, pepperoni, onion, banana peppers, provolone and italian dressing

### Turkey Club 6.50

the original triple decker turkey, B,L,T with mayo on toasted wheat bread

### True North 6.50

turkey, bacon, swiss cheese, mayo & rosemary cranberry sauce on a french roll

### Ham & Cheese 6.50

ham and melted provolone on sourdough bread

### The Texan 6.50

barbecued pulled pork, ham, dill pickle, dijon mayo, cheddar cheese on sourdough bread

### Cuban 6.50

ham, turkey, swiss cheese, dijon, mayo, dill pickle on sourdough bread

### Caprese 6.50

grilled sourdough with fresh mozzarella, pesto, tomato and balsamic glaze

### Chicken Salad 5.50

diced chicken with mayonnaise, celery and grapes on wheat bread with leaf lettuce

## Wraps

### Mediterranean 6.50

sliced cucumber, feta cheese, spinach, black olives, hummis, and tzatziki sauce wrapped in a flour tortilla

### Gyro 6.50

beef or chicken with tomato, onion, tzatziki sauce wrapped in pita bread

### Buffalo Chicken 6.50

chicken, shredded cheese, lettuce, tomato, buffalo ranch sauce wrapped in a flour tortilla







## Flatbreads

### Veggie 6.50

pesto, fresh mozzarella, mushrooms, green pepper, tomato and onion

### Southwest 6.50

chicken, cheddar jack cheese, pico de gallo, black beans, corn, and chipotle sauce

### BBQ Chicken 6.50

barbeque sauce with chicken, red onion, and melted cheese

### Little Italy 5.50

pepperoni, marinara and mozzarella

## And More...

### Quesadilla 6.50

steak or chicken, cheddar jack cheese, pico de gallo, black beans, corn and chipotle sauce

### Burger 6.50 {Available Tuesday & Wednesday only}

ground beef pattie on a brioche bun with lettuce, tomato, onion, choice of cheese and served with chips







## Breakfast

### Create Your Own: Sandwich/Burrito\* 3.75

Includes scrambled eggs  
choice of cheese  
choice of vegetable  
choice of one meat

\*Burrito served with salsa & sour cream

### Flatbread/Skillet\* 4.25

\*Skillet served with hash browns

#### Bread

Sourdough  
Wheat  
Plain Bagel  
Flour Tortilla  
Naan Bread

#### Cheese

American  
Cheddar  
Swiss  
Provolone  
Feta  
Monterey Jack

#### Vegetable

Onion  
Pepper  
Mushroom  
Tomato  
Cucumber  
Banana Pepper  
Hash Brown  
Spinach

#### Protein

Chicken  
Sausage  
Bacon  
Ham  
Turkey  
Steak  
Gyro Meat

### Waffle 4.75

syrup, butter, and whipped cream

### Oatmeal 2.50

with brown sugar and milk

## Morning Delights

### Sunrise Skillet 4.25

scrambled eggs, bacon, hash browns, cheddar cheese

### Denver Skillet 4.25

scrambled eggs, ham, hash browns, onion, pepper, cheddar cheese

### South of the Border Wrap 3.75

scrambled eggs, bacon, hash browns, cheddar cheese, southwest sauce

### Bacon, Egg & Cheddar 3.75

on sourdough

